



इंदिरा गांधी शारीरिक शिक्षा एवं खेल विज्ञान संस्थान

(दिल्ली विश्वविद्यालय)

बी-ब्लॉक, विकासपुरी, नई दिल्ली-110018

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दिनांक: 18.11.2025

संदर्भ संख्या: IPE/2025/19/९०९

सूचना/NOTICE

बी.एससी. (पीई, एचई और एस) सेमेस्टर- VII के छात्रों को सूचित किया जाता है कि यदि कोई छात्र अपने शोध प्रबंध/शैक्षणिक परियोजना के विषय या पर्यवेक्षक को बदलना के लिए इच्छुक है, तो 21 नवंबर 2025 (शुक्रवार) तक या उससे पहले छात्र व्यवहार अनुभाग को लिखित अनुरोध प्रस्तुत करना होगा। उपर्युक्त तिथि के बाद किसी भी परिवर्तन का अनुरोध स्वीकार नहीं किया जाएगा।

जिन छात्रों ने अपने शोध प्रबंध/शैक्षणिक परियोजना विषय और पर्यवेक्षक का नाम का विवरण प्रस्तुत नहीं किया है, उन्हें तुरंत प्रोफेसर ललित शर्मा को रिपोर्ट करने का निर्देश दिया जाता है।

संदर्भ के लिए सभी छात्रों की सूची उनके संबंधित शोध प्रबंध/शैक्षणिक परियोजना विषयों सहित संलग्न है।

B.Sc. (PE, HE & S) Semester - VII (NEP-UGCF) students are hereby informed that if any student wishes to change their dissertation/academic project topic or supervisor, they must submit a written request to the Student Dealing Section on or before **21st November 2025 (Friday)**. No requests for changes will be accepted after the mentioned date.

Students who have not submitted the details of their Dissertation/Academic Project topic and Supervisor name are directed to report Prof. Lalit Sharma immediately.

The list of all students along with their respective Dissertation/Academic project topics is attached herewith for reference.

(प्रो. संदीप तिवारी)
प्राचार्य (कार्यवाहक)

प्रतिलिपि:-

1. अनुभाग अधिकारी (प्रशासन)
2. छात्र सूचना पट्ट
3. कंप्यूटर (वेब साइट पर अपलोड करने हेतु)
4. कार्यलय फाइल


(प्रो. संदीप तिवारी)
प्राचार्य (कार्यवाहक)

LIST OF STUDENTS B.Sc. (PE, HE & S) SEMESTER - VII (2025-26)

DISSERTATION / ACADEMIC PROJECT

S.NO.	CLASS ROLL NO.	Name of Student	Subject/Paper Name	TOPIC	Advisory Committee Research (ACR)		
1	B-02/22	AARUSHI R. DUTT	DISSERTATION	BEYOND SUCCESS AND FAILURE INTERESTING THE TYPES OF GOALS IN AMONG COLLEGE GOING STUDENTS' CONTENTS TO MENTAL HEALTH.	PROF. LALIT SHARMA	DR. MEENAKSHI	PROF. SAMIRAN CHAKRABORTY
2	B-04/22	ABHISHEK SHARMA	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI PRIVATE SCHOOLS POST NEP 2020: INFRASTRUCTURE, CURRICULUM AND CHALLENGES	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. EKTA BHUSHAN
3	B-05/22	ADITYA KUMAR	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI PRIVATE SCHOOLS POST NEP 2020: INFRASTRUCTURE, CURRICULUM AND CHALLENGES	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. EKTA BHUSHAN
4	B-06/22	AKASH	ACADEMIC PROJECT	STUDENT EXIT AFTER 3 YEARS UNDER NEP UGCF POLICY	-	-	-
5	B-08/22	ANJALI	DISSERTATION	CONSTRUCTION AND VALIDATION OF QUESTIONNAIRE FOR ASSESSING FAMILY PERCEPTION TOWARDS SPORTS PARTICIPATION	PROF. DHARMANDER KUMAR	DR. MEENAKSHI	PROF. SANDHYA TIWARI
6	B-10/22	ANKITA	ACADEMIC PROJECT	A SURVEY ON THE EFFECT OF MENSURATION ON PARTICIPATION IN PHYSICAL EXERCISE AMONG SCHOOL GOING GIRLS (AGE: 12-16 YEARS)	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK
7	B-11/22	ANKUR JORWAL	DISSERTATION	BODY COMPOSITION AND RELATED FITNESS PARAMETERS OF INTER COLLEGIATE LEVEL FOOTBALLERS PLAYING AT VARIOUS POSITIONS	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK
8	B-13/22	ARMAN	DISSERTATION	ASSESSMENT OF TOTAL PROTEIN INTAKE OF VEG AND NON - VEG THROWERS IN ATHLETICS AS RELATED TO SELECTED BODY COMPOSITION AND PHYSICAL FITNESS PARAMETERS	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK
9	B-16/22	AYUSH SHARMA	DISSERTATION	RELIABILITY OF FOOTWORK TEST ON BADMINTON PLAYERS	PROF. EKTA BHUSHAN	PROF. LALIT SHARMA	PROF. SANDHYA TIWARI
10	B-18/22	DEEKSHA DEVAANSH	ACADEMIC PROJECT	FANATICS OR CASUALS? INVESTIGATING THE SOCIO - EMOTIONAL PROFILES OF RCB FANS	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. SANDHYA TIWARI
11	B-19/22	DEV PUNIA	ACADEMIC PROJECT	A STUDY ON THE PARTICIPATION OF COLLEGE IN INTER COLLEGE TOURNAMENT	PROF. LALIT SHARMA	DR. MEENAKSHI	PROF. SAMIRAN CHAKRABORTY
12	B-20/22	DEVANSH KHOHAL	ACADEMIC PROJECT	FANATICS OR CASUALS? INVESTIGATING THE SOCIO - EMOTIONAL PROFILES OF RCB FANS	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. SANDHYA TIWARI
13	B-21/22	DHRUV SINGH	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI PRIVATE SCHOOLS POST NEP 2020: INFRASTRUCTURE, CURRICULUM AND CHALLENGES	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. MAN SINGH
14	B-23/22	DIKSHA KUMARI	DISSERTATION	DESIGN AND STANDARDIZED OF QUESTIONNAIRE ON ACADEMIC PERCEPTION TOWARDS SPORTS	PROF. DHARMANDER KUMAR	DR. MEENAKSHI	PROF. SANDHYA TIWARI
15	B-24/22	DILENDRA KUMAR	ACADEMIC PROJECT	TOPIC NOT SUBMITTED	-	-	-
16	B-29/22	HARSH KAMBOJ	DISSERTATION	TO STUDY THE PERCEPTION OF INDIAN FAMILY TOWARDS SPORTS AS A CAREER	PROF. SARITA TYAGI	PROF. MONIKA WASUJA	PROF. ANIL KUMAR VINAYAK
17	B-30/22	HARSH SONKARIA	DISSERTATION	EFFECT OF SELF DESIGNED MINOR GAMES ON SENSORY PROCESSING OF THE CHILDREN WITH SPECIAL NEEDS	PROF. LALIT SHARMA	DR. MEENAKSHI	PROF. SONIA SHALINI
18	B-31/22	HARSHITA	ACADEMIC PROJECT	A SURVEY ON THE EFFECT OF MENSURATION ON PARTICIPATION IN PHYSICAL EXERCISE AMONG SCHOOL GOING GIRLS (AGE: 12-16 YEAR)	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK
19	B-32/22	HARSHITA RAWAT	DISSERTATION	A MULTIDIMENSIONAL STUDY OF MOTIVES AMONG RECREATIONAL RUNNERS	PROF. LALIT SHARMA	DR. MEENAKSHI	PROF. SANDHYA TIWARI
20	B-34/22	ISHU YADAV	ACADEMIC PROJECT	AN ASSESSMENT OF PHYSICAL FITNESS COMPARE OF INTER COLLEGE MALE HANDBALL PLAYER PLAYING AT DIFFERENT POSITION	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK
21	B-39/22	KIRTIKA	DISSERTATION	A SURVEY ON PROTEIN SUPPLEMENT USAGE IN COLLEGE GOING ATHLETES AND ASSOCIATION WITH PHYSIOLOGICAL AND BIOCHEMICAL CORRELATES	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK
22	B-40/22	KRISHNA	DISSERTATION	TOPIC NOT SUBMITTED	PROF. SAMIRAN CHAKRABORTY	PROF. LALIT SHARMA	DR. MEENAKSHI
23	B-44/22	LEELANSH MOHAN	ACADEMIC PROJECT	FANATICS OR CASUALS? INVESTIGATING THE SOCIO - EMOTIONAL PROFILES OF RCB FANS	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. MAN SINGH
24	B-46/22	MD. ADIL SHAH	DISSERTATION	INTEGRATED ASSESSMENT OF AGILITY, JUMP POWER AND MENTAL RESILIENCE AMONG COLLEGE FOOTBALL PLAYER: CROSS SECTIONAL APPROACH	PROF. MAN SINGH	PROF. SANDHYA TIWARI	DR. MEENAKSHI
25	B-48/22	MOHIT KUMAR	ACADEMIC PROJECT	AN EXPLORATORY STUDY ON THE STATUS AND DEVELOPMENT OF FOOTBALL IN GOVERNMENT AND PRIVATE SCHOOLS OF WEST DELHI	PROF. SANDHYA TIWARI	PROF. MAN SINGH	DR. MEENAKSHI
26	B-49/22	MOUSAM KUMARI	DISSERTATION	THE EFFECT OF PAST RELATIONSHIP. EXPERIENCES ON PRESENT RELATIONSHIP COMMITMENT	PROF. LALIT SHARMA	DR. MEENAKSHI	PROF. SONIA SHALINI
27	B-51/22	MUSKAN CHOUDHARY	ACADEMIC PROJECT	A SURVEY ON THE EFFECT OF MENSURATION ON PARTICIPATION IN PHYSICAL EXERCISE AMONG SCHOOL GOING GIRLS (AGE: 12-16 YEAR)	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK

S.NO.	CLASS ROLL NO.	Name of Student	Subject/Paper Name	TOPIC	Advisory Committee Research (ACR)		
28	B-57/22	PAYAL	DISSERTATION	A COMPARATIVE ANALYSIS OF SPORTS ACHIEVEMENT MOTIVATION BETWEEN MALE/FEMALE WEIGHTLIFTER	PROF. MAN SINGH	PROF. SANDHYA TIWARI	DR. MEENAKSHI
29	B-59/22	PRADEEP MITTAL	DISSERTATION	ANALYTICAL STUDY OF ADOLESCENT'S ATTITUDE AND LIFESTYLE PRACTICES REGARDING HEALTH AND FITNESS	PROF. SARITA TYAGI	PROF. MONIKA WASUJA	PROF. ANIL KUMAR VINAYAK
30	B-61/22	PRASHMEET PRADEEP PAL	DISSERTATION	ASSESSMENT OF KNOWLEDGE, ATTITUDE AND PRACTICE (KAP) IN COLLEGE GOING ATHLETES SUPERVISOR	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK
31	B-62/22	PRATEEK TANWAR	DISSERTATION	INFLUENCE OF PARENTING STYLES ON SELF - ESTEEM AND RESILIENCE AMONG ADOLESCENTS	PROF. LALIT SHARMA	PROF. MAN SINGH	PROF. SONIA SHALINI
32	B-63/22	PRAVEEN SOLANKI	ACADEMIC PROJECT	MENTAL TOUGHNESS BETWEEN STATE AND NATIONAL LEVEL PLAYER	PROF. SAMIRAN CHAKRABORTY	PROF. LALIT SHARMA	DR. MEENAKSHI
33	B-65/22	RAGHAV RAJ	DISSERTATION	DEVELOPMENT AND VALIDATION OF QUESTIONNAIRE FOR ASSESSING THE PERCEPTION OF PEER GROUP TOWARDS SPORTS PARTICIPATION	PROF. DHARMANDER KUMAR	DR. MEENAKSHI	PROF. SANDHYA TIWARI
34	B-66/22	RAHUL	ACADEMIC PROJECT	MENTAL TOUGHNESS BETWEEN STATE AND NATIONAL LEVEL PLAYER	PROF. SAMIRAN CHAKRABORTY	PROF. LALIT SHARMA	DR. MEENAKSHI
35	B-67/22	RAJ	DISSERTATION	PSYCHOLOGICAL AND HEALTH RELATED FITNESS IN SEDENTARY AND ACTIVE INDIVIDUAL	PROF. LALIT SHARMA	DR. MEENAKSHI	PROF. SANDHYA TIWARI
36	B-69/22	REENA	DISSERTATION	CONSTRUCTION AND VALIDATION OF QUESTIONNAIRE FOR ASSESSING THE PERCEPTION OF MEDIA ON WOMEN'S PARTICIPATION IN SPORTS	PROF. DHARMANDER KUMAR	DR. MEENAKSHI	PROF. SANDHYA TIWARI
37	B-72/22	ROHAN SANSANWAL	DISSERTATION	EXERCISE AND YOUTH APPEARANCE DRIVEN MOTIVATION: A QUALITATIVE ANALYSIS	PROF. LALIT SHARMA	DR. MEENAKSHI	PROF. SANDHYA TIWARI
38	B-73/22	ROHIT	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI PRIVATE SCHOOLS POST NEP 2020: INFRASTRUCTURE, CURRICULUM AND CHALLENGES	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. MAN SINGH
39	B-76/22	SACHIN	ACADEMIC PROJECT	ANTHROPONOTIC AND BIOMECHANICAL PARAMETER IN MALE UNDER 19 BASEBALLS	PROF. GAURI CHAKRABORTY	-	-
40	B-77/22	SACHIN SINGH	ACADEMIC PROJECT	ANTHROPONOTIC AND BIOMECHANICAL PARAMETER IN MALE UNDER 19 BASEBALLS	PROF. GAURI CHAKRABORTY	-	-
41	B-79/22	SANJAY SINGH	ACADEMIC PROJECT	AN EXPLORATORY STUDY ON THE STATUS AND DEVELOPMENT OF FOOTBALL IN GOVERNMENT AND PRIVATE SCHOOLS OF WEST DELHI	PROF. SANDHYA TIWARI	PROF. MAN SINGH	PROF. SANDEEP TIWARI
42	B-80/22	SARTHAK JAIN	DISSERTATION	A STUDY ON EFFECT OF INTEGRATED YOGIC INTERACTION TO IMPROVE STRESS EXTORTION AND EMOTIONAL REGULATION AMONG MIDDLE SCHOOL CHILDREN	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. EKTA BHUSHAN
43	B-82/22	SAZIA KHATOON	ACADEMIC PROJECT	TOPIC NOT SUBMITTED	PROF. TARAK NATH PRAMANIK	PROF. LALIT SHARMA	PROF. EKTA BHUSHAN
44	B-83/22	SHAGUN DABAS	ACADEMIC PROJECT	MENTAL TOUGHNESS BETWEEN STATE AND NATIONAL LEVEL PLAYER	PROF. SAMIRAN CHAKRABORTY	PROF. LALIT SHARMA	DR. MEENAKSHI
45	B-85/22	SHASWATY ROY	DISSERTATION	CROSS - SECTIONAL STUDY OF AGILITY AND LOWER - LIMB EXPLOSIVE POWER IN KARATEKA'S	PROF. MAN SINGH	PROF. SANDHYA TIWARI	PROF. DHARMANDER KUMAR
46	B-87/22	SHUBHAM SAINI	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI PRIVATE SCHOOLS POST NEP 2020: INFRASTRUCTURE, CURRICULUM AND CHALLENGES	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. EKTA BHUSHAN
47	B-88/22	SIDDHARTH THUKRAL	DISSERTATION	SLEEP QUALITY, BODY COMPOSITION, BASIL METABOLIC RATE AND PSYCHOLOGICAL WELLBEING OF EMPLOYEES IN COLLEGE SETTING - A CROSS SECTIONAL STUDY.	PROF. SANDHYA TIWARI	PROF. MAN SINGH	PROF. SANDEEP TIWARI
48	B-91/22	SONU KUMAR	DISSERTATION	ASSESSMENT OF CHANGES IN DIETARY PROFILE AND BODY COMPOSITION OF COLLEGE GOING ATHLETES DURING OFF - SEASON, TRAINING AND COMPETITION PERIOD	PROF. MONIKA WASUJA	PROF. SARITA TYAGI	PROF. ANIL KUMAR VINAYAK
49	B-93/22	TARUNA KUMARI	DISSERTATION	ANTHROPOMETRIC, BODY COMPOSITION AND METABOLIC PROFILE OF INTERCOLLEGIATE T - MALE PLAYER FROM SELECTED SPORTS	PROF. SANDHYA TIWARI	PROF. MAN SINGH	PROF. SANDEEP TIWARI
50	B-95/22	TUSHAL	DISSERTATION	TOPIC NOT SUBMITTED	PROF. SAMIRAN CHAKRABORTY	PROF. LALIT SHARMA	DR. MEENAKSHI
51	B-98/22	VANSHIKA SONI	DISSERTATION	EVALUATING PHYSICAL EDUCATION IN DELHI PRIVATE SCHOOLS POST NEP 2020: INFRASTRUCTURE, CURRICULUM AND CHALLENGES	DR. MEENAKSHI	PROF. LALIT SHARMA	PROF. EKTA BHUSHAN
52	B-100/22	VIVEK	ACADEMIC PROJECT	ANTHROPONOTIC AND BIOMECHANICAL PARAMETER IN MALE UNDER 19 BASEBALLS	PROF. GAURI CHAKRABORTY	-	-
53	B-102/22	PRIYANSHU	DISSERTATION	ANTHROPOMETRIC BODY COMPORTION AND LOWER LIMB STRENGTH PROFILE OF MALE PLAYER FROM SELECTED TEAM SPORTS	PROF. SANDHYA TIWARI	PROF. MAN SINGH	PROF. SANDEEP TIWARI